

Fruit and Vegetable Storage Guide

INSIDE THE FRIDGE:



- Apples, berries and cherries
- Grapes, kiwi and all citrus fruit
- Almost all fruit, vegetables and herbs

ON THE COUNTER OR TABLE:



- Bananas
- Basil
- Winter squash
- Once cut, store produce in the fridge

ONCE RIPE, STORE IN THE FRIDGE:

- Melons, nectarines, apricots, peaches, pears and plums
- Avocados and tomatoes



IN A COOL, DARK PLACE, LIKE A CUPBOARD:

- Mangos, papayas and pineapples
- Potatoes, onions and garlic



More tips to prevent food waste at
www.EatSmartWasteLess.com