

## Items to Include in Your Go Bag

Each Individual's Go Bag Should Include:

- Bottled water (at least one)
- Some non-perishable food
- Flashlight
- Extra batteries (check the necessary types)
- Whistle
- Prescription medication for a week, along with copies of your prescriptions
- Emergency blanket
- Rain gear (poncho)
- A hat
- Comfortable, sturdy shoes
- Extra pair of glasses and/or hearing aids
- Toilet paper
- Plastic garbage bags
- Soap
- Toothbrush and toothpaste
- Feminine hygiene products
- A copy of your communications plan card
- A regional map
- Special needs items for members of your family, especially children, seniors or people with disabilities, and pets.
- Paper, pens, and tape - in case you need to leave a message somewhere
- Dust mask
- Cash - preferably in small denominations
- Coins for pay phones
- Copies of important documents in a waterproof container (i.e., IDs, insurance information, proof of address, passports, etc.)
- A recent family photo for identification purposes—make sure everyone's face can be seen clearly

In addition, at least one of the kits should contain:

- Can opener
- Radio
- Pocket knife
- Map
- Important documents