



MEETING MINUTES

DATE: Jan. 8, 2019

TIME: 3:00 PM

LOCATION: Columbia River Room

Welcome and Introductions

- Meeting called to order at 3:00 PM by Skylar Johnson
- BCOA Members in Attendance:
 - Sky Johnson (Chair); Louis Weisberg, Hilary Greenebaum (Secretary), Carley Adams (City Staff Liaison); Pam Rinehart (Vice Chair), Martha Mc Jacobs; Susana Sharp, Jing Feng, John Ratliff, Suzanne VanSlyke, Tamara Maher, Kim Allchurch Flick, Beverly Sali,

Carley led us through an icebreaker activity, so we can get to know each other better.

Visitor Comment Period

Betsy Hartner: Washington County Aging and Disability Services

Cate Arnold: City Council Member

Laurel Riley: Liaison BCOA and Elsie Stuhr, former BCOA Board Chairman

John Bell: Beaverton Resident, Meals on Wheels Board Member

Beth Gilbert: Reference Librarian, Adult Services Beaverton City Library

Approval of Previous Minutes

Approved as written with spelling corrections

Guest Speaker:

Kera Magrill from Washington County Older Adult Program. Three main areas include: Collaboration, Coordination, and Education in aging and behavioral health systems. See OABH@co.washington.or.us for details or call 1-855-673-2372

- Older Adult Behavioral Health Community Health Improvement Plan
- Collaborative Older Adults Solutions Team

- Community Education and Workforce Development
- Hot Topics include: isolation loneliness, anxiety depression

Betsy Hartner also described the Key Services and Program. More information can be found at www.co.washington.or.us/HHS/DAVS

- **Programs include:**
- Family Caregiver Support
- Benefits Enrollment Center
- Medicare Counselling
- Options Counseling
- Veterans Services
- Money Management
- Oregon Project Independence
- Meal Program and Nutrition
- Volunteer Opportunities

Beaverton Library is now collaborating with Washington County and the Oregon Humanities Conversation Project to talk about issues surrounding aging. It is an opportunity for community members to come, listen, and talk. The next two conversations are scheduled for Saturday January 12, and February 9, 2019.

New Business

- BCOA Elections coming up in February 2019
- Committee Member Announcements

Old Business

January Retreat/Planning Meeting: Come to the meeting with ideas!

- Friday Jan 11, 2019 from 9:00 – 1:00 PM, 5th Floor
- Meeting Scope: Planning for the year and beyond

Housing Follow Up:

Pam shared that community living; with engagement, purpose and interaction is needed vs more ADUs (accessory dwelling units) that only facilitate more isolation and loneliness. She will continue to update us.

Beaverton City Staff Liaison Report

Carley Adams: City Council update

1. Beaverton has been named one of the Top 10 Best Places to Raise a Family for 2018. Livability.com<<http://www.Livability.com>> announced their annual listing, which ranks Beaverton at number three. Beaverton was noted for its great schools, public transportation, outdoor natural areas, scenic parks and big area employers such as Nike, Intel and IBM. Family (and pet) friendly attractions and eateries, as well as proximity to "date night" spots like wineries, also helped propel Beaverton to one of the top spots. Other cities featured in this year's ranking include Bozeman, MT, Fort Collins, CO and Ann Arbor, MI. Way to go Beaverton!

2. January is full of programming related to the library's first annual community-wide reading program, One Book, One Beaverton. As the title is *The Wanderers* by Meg Howrey, which tells the story of three astronauts chosen for the first human voyage to Mars, events explore the theme of space. Events include "How to Pee, Poop & Barf in Space, with Dr. Jan Dabrowski," "Story Slam: Space Edition," "Space-themed Origami with Yuki Martin," and "Space-themed Board Gaming." For more information, details, dates and times, visit www.BeavertonLibrary.org/events.

3. In an effort to improve safety, changes to the main entrance of the Griffith Drive building will begin on Jan. 2, 2019. These changes will require all members of the public to pass through a metal detector and have bags screened via an X-ray machine upon entrance to the building. The new security measures will be required for those visiting the building for court or police business, as well as for people attending events and meetings during court hours. Court hours are Monday through Friday from 7 a.m. to 5 p.m., and on Thursday until 7 p.m.

4. Upcoming Boards, Commissions & NAC Trainings. A Boards & Commissions Orientation will be held Thursday, Jan. 31 from 6 to 8 p.m. in the Beaverton City Library (Meeting Rooms A&B). This is a great opportunity for new board members to learn about ethical considerations, the history of Beaverton, and ways to make their board a welcoming space. Board members who would like a refresher are also welcome to attend. Effective Meetings Training will be held Tuesday, Feb. 5 from 6 to 8 p.m. in the Griffith Drive Building (Conference Room 150). This training is open to NAC and board & commission members and focuses on building a strong meeting agenda, dealing with difficult participants, and facilitating the decision-making process. Recorder Training will be held on Wednesday, Feb. 27 from 6 to 7:30 p.m. at City Hall (Columbia River Room, floor 5). This training focuses on board and NAC recorders to help them

learn what they must include to comply with Public Records Law. For all trainings, dinner is provided. Please RSVP to Emily Van Vleet at evanvleet@BeavertonOregon.gov<mailto:evanvleet@BeavertonOregon.gov>.

If you're interested in getting involved and sharing your perspective with the City of Beaverton our boards & commissions and NACs are a great first step. Please reach out to the Neighborhood Office at neighbormail@BeavertonOregon.gov<mailto:neighbormail@BeavertonOregon.gov> or 503-526-2543. The city just wrapped recruitment for boards & commissions, but applications are accepted year round. NAC's can elect new board members year round. We are always looking for new volunteers!

Adjournment

Meeting adjourned at 4:33 PM.