



## MEETING MINUTES

**DATE:** August 14, 2018

**TIME:** 2:30 PM

**LOCATION:** Columbia River Room

### Welcome and Introductions

- Meeting called to order at 2:30 PM by Skylar Johnson
- BCOA Members in Attendance:
  - Sky Johnson (Chair); Beverly Sali, Louis Weisberg, Hilary Greenebaum (Secretary), Carley Adams (City Staff Liaison); Suzanne VanSlyke, Kim Allchurch Flick, Jo Anne Baumann
  - BCOA Members Absent: Shannon Wiseman has moved out of state, Pam Rinehart (Vice Chair), Patty Bennett, Jan Asher has resigned from the committee

### Visitor Comment Period

- Elaine Hartman: Community member
- Milar Moore, PMHNP: Guest Speaker
- Ruben Polk: Marketing Director Home Instead Beaverton

### Approval of Previous Minutes

Read and review minutes. Approved with minor edit regarding Lou's outreach to OHSU

### Mental Health Event Update:

#### Guest Speaker: Milar Moore PMHNP

Discussion of event on Nov 3, 2018 - Three-hour event with two speakers. (10:00 – 1:00 PM)

Focus: Mental health wellness. How to take care of our mental health. What does depression look like? What are signs and symptoms of common issues? Are there general strategies and skills (take aways) to deal with general anxiety? Goal is to have attendees leave hopeful with positive productive tools.

**Action:** Sky and Hilary will meet with Milar in a few weeks and relay back to the committee.

## Location of the Event:

Sky contacted the remodeled ELKS Lodge on Canyon Blvd. for the non-profit cost of \$300. Holds 200+ capacity. Great parking lot. Built in demographic. Audio visual support.

Sky made a motion to hold the location to the Elks Lodge. Unanimous vote to hold the event at the Elks Lodge.

**Action:** Carley will cancel the reservation at the library.

Discussion of geriatric mental health book display prior to the Nov 3 event. This event will be an interactive lecture format thus not suitable for vendors. Mary Wise at the library has already committed to a small book display upstairs on positive mental health and aging.

**Action:** Hilary will follow up again with Mary Wise closer to the time.

## New Business

### Change of Meeting Time:

Using an online Doodle Poll, Sky asked for our input as to best times for us to meet in future. The groups indicated the second Tuesday of the month, 3:00 – 4:30 PM.

Bev moved that we change the time if we can accommodate room scheduling.

Unanimous vote yes: We will change the time starting as soon as room scheduling allows.

### Database of Resources:

Bev asked that we review options reviewing a database of who provide services or resources, links, providers of service to the aging population in the Beaverton community. How do we get these events known to the community? Discussion about what is the vision and how do we vet these providers? Can we better serve our target population? Carley described a listserv tool we can use. Members can send event info to Carley to upload to the city website.

**Action:** Carley will investigate as to what we can do as a City Board. We will discuss at a future meeting.

## Demographics:

At another meeting we will discuss the feasibility of interpreters and reaching out to our diverse community. How can we better serve our community?

## Interview New Members:

Starting in November we will start to interview new members.

**Action:** Soon, Sky will ask the committee for availability to conduct interviews for new members. We will need to have 2-3 new members to start in January 2019. Carley will keep us apprised of the time line for new members with the city for Boards and Commissions.

## Promotional Material and Website Discussion

T-shirts arrived and distributed. Members commented on the nice quality and dark navy blue.

Carley passed out a new sticky note pad and pen for each of us. We now have these promotional items to pass out at events.

Web page: Carley continues to work on the website and hopes to see results before new members apply.

**Action:** *If members have not yet done so, please answer one of the four emailed questions about being on the BCOA. Use the Diversity Advisory Board website as a model. Please see <https://www.beavertonoregon.gov/1318/Diversity-Advisory-Board>*

## Beaverton City Staff Liaison Report

### Carley Adams: City Council update

1. Library hours are changing. The library is shifting its hours to better meet the needs of the community. Effective Sunday, Aug. 26, both Beaverton City Library locations (Main and Murray Scholls) will operate on the same schedule. The new schedule means an increase in weekend hours at both locations and morning hours at Murray Scholls.
2. Beaverton's future home for the arts has a new name! In July, the city and Beaverton Arts Foundation announced that our anonymous \$13 million donor to the center for the

arts capital fundraising campaign is Pat Reser. With that pledge came the official name of the center: Patricia Reser Center for the Arts. The center will provide more access to arts, entertainment and educational programming, and will serve as a much-needed resource to regional arts groups. Eighty percent of funding needed for construction has now been identified, and a campaign to secure the remaining private capital needs is underway. Located in downtown, the center will contribute to a more vibrant area and welcoming destination. Groundbreaking is anticipated at the end of 2019 upon completion of fundraising goals. Learn more about the project and involvement opportunities and view a gallery of design renderings at [BeavertonOregon.gov/PRCA](http://BeavertonOregon.gov/PRCA).

3. Public Safety Center update. Beginning mid-August, demolition of the Beaverton Activities Center located near the corner of SW Hall Blvd and SW Allen Blvd will occur to make way for Beaverton's voter-approved public safety center. A groundbreaking event for the city's first dedicated facility for police and emergency management operations is planned for Monday, Sep. 17, construction will begin soon after, and completion and move-in is scheduled for spring 2020. In addition, an arts selection committee is currently reviewing the work of 60 artists, one of which will be selected to create artwork for the site. The request for qualifications for public art closed in July.

4. Study Funded to Improve Bus Service to Critical Bus Line. The city has received \$300,000, as part of the Enhanced Transit Program, in coordination with TriMet and Metro to study the Hall and Allen Blvd intersection. The funds will be used to prepare drawings, to 30% completion, that will create a design to improve the safety and reliability of the 76-bus line. Residents have spoken to the importance of enhanced bus service throughout Beaverton, and this line is critical as it is one of the busiest in our system and provides service to historically underserved populations in Oregon.

#### **Announcements:**

1. BCOA will present to the City Council in early 2019. We will learn more about this closer to the time.
2. Suzanne pasted out promotional materials for the three-part *Aging with Grace* series held at Elsie Stuhr this fall. Viva Village hosts.

3. Lou is recruiting for volunteers for the paid research project he works on. Participants need to be over 80 years old and in reasonably good health. He will send out a flier via email, so we can share.
4. Pam is hosting a free presentation 9/25 at the Stockpot Restaurant titled: "Should I stay, or Should I Go?"
5. Joanne gave notice at Hearthstone. Her tenure with BCOA is undetermined.

## **Adjournment**

Meeting adjourned at 4:15 PM