



## **Beaverton Council On Aging**

### **Summary of Monthly Meeting**

Tuesday, November 10, 2015

Beaverton City Hall

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**Welcome and Introductions** – Chair (Laurel) calls meeting to order at 2:33 PM.

Our Guests:

- Pamela Rinehart, Right Fit Senior Living
- Melissa Wright, Waterhouse Ridge Memory Care
- Cordell Staples, Portland State University
- Jahmai Cherry, Beaverton Visioning Committee

**Approval of October Minutes** – motioned, seconded and voice approved.

**Washington County Older Adult Behavioral Health Investment** – Kim Jackson of Washington County Mental Health and Shannon Baggerman from Washington County Disability gave a presentation via paper handout. They work with other regional teams including Clackamas and Multnomah counties. Developing training for existing services in order to work together better. There is an impact to seniors in Washington County in mental health, 2/3 of 64,000+ seniors lack proper mental health care. Stakeholder interviews are in progress over 81 agencies, generating ideas for better integration of partnerships and services. The 'top five' findings as challenges in Washington County were discussed, where the same are found in Age Friendly Cities: Transportation and Housing. Topics presented as a distribution of Systems, with a 'Top Five' distribution; Funding, Awareness, Communications, Housing, and Other, were also included in discussion. The challenge of HIPAA communication barriers and feedback from the interviews were discussed. The Next Steps are to complete the Needs Assessment, implement training, continue immersion with community events, with an eye out for usable technology and software.

**Beaverton Visioning Committee** – Jahmai Cherry gave us some background on Beaverton Visioning, and the status of the current work, and how potentially Visioning and BCOA can partner. Age Friendly Policies, programs and practices is the first topic of focus. Jahmai asked the Council if it (collectively) would consider taking on, as a primary partner, the Age Friendly Policies, programs and practices from the Community Vision. Communication of what the Commission does and is doing is through partner outreach, and an annual report of tasks, accomplishments, and future plans.

**Age Friendly Cities Report** – Age-friendly Cities subcommittee members Regina and Sky met to establish the content of the presentation to City Council in January. A background and history informational pre-package, four days prior to the meeting is welcome to Councilors.

**City Council Report** – City of Beaverton was to meet with the Blues Zone representatives on Fri., Nov. 13th to discuss Beaverton's application. As part of that application, Cate Arnold prepared a video that included Laurel and Regina to talk about the BCOA and how we view the Blue Zones project.

**Staff Liaison Report** – Jim spoke to the need for interview volunteers, who are interviewing for potential new Council applicants, and some guidelines for topics and sensitivities.

**Resource Guide / Speakers** – Resource Guide articles are due by the end of the week (11/13) for both November (Will) and December (Sky). The articles are on how our committee got its new name, and Senior Activities.

**Planning** – We will hold a meeting in December specifically on Age Friendly Cities. A happy hour will follow as a 'Holiday Party.'

### **Announcements –**

A motion to accept the offer of the Visioning Committee to be the primary partner for the 'Implementation of age-friendly policies, programs and practices. Motion was seconded and unanimously approved.

### **Adjournment at 4:05 PM**

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**Council Liaison:**

Cate Arnold (Present)

**Staff Liaison:**

Jim Brooks (present)

**Committee Attendees:** Jo Anne Bauman, Cathy Doyle, Regina Ford, Sky Johnson, Jeff Menzel, Laurel Reilly, and Will Anderson.