



Beaverton Council on Aging

Summary of Monthly Meeting

Tuesday, October 13, 2015

Beaverton City Hall

Welcome and Introductions – Chair (Laurel) calls meeting to order at 2:33 PM.

- Sally Furman of AARP is a visitor today
- Regina welcomed Suzanne VanSlyke
- Joanne Bauman welcomed Pam Rinehart of Right Fit Senior Living Solutions
- Cathy Doyle welcomed Jeff Doyle, a private citizen

Approval of September Minutes – motioned, seconded and voice approved.

United Homecare Services – Regina Ford presented a slide show, initiated by announcing the ‘Coming Out Party’ to the Beaverton Chamber of Commerce, of United Homecare Services Beaverton office. United Homecare Services (UHS) is an Oregon-based nonprofit. Regina is the manager of the Beaverton Office, the third of three; the other two are in Coos Bay and McMinnville. She shared the Mission Statement, and the ‘What, How and Why’ of the agency. The UHS Partner concept was discussed. UHS is mission-driven, not profit driven; affordable rates, flat rate billing, a 2-hour minimum (in contrast to the ‘usual’ 4 hours) is required, with some discounts and some special offers available. UHS’s clients are families, where UHS provides ‘Activities of Daily Living’, and other supportive services. UHS promotes ‘Aging in Place’, keeping the aging in their own homes. Individuals that UHS hires are skilled to certain standards, and have practical experience in those standards.

Contact United Homecare Services at:

Beaverton 503-433-8079

Coos Bay – 541-267-7411

McMinnville – 541-267-7411 (home office)

Washington County Livability Forum – Laurel, Regina, and Sky from this Council attended, as did Sally Furman of AARP, with Laurel and Sky checking attendees in.

Age Friendly Cities Sub-committee – Regina recapped the meeting with Jerry Allen (a Director on the mayor’s staff) 10/12/15. Jerry discussed how the sub-committee should prepare to present AFC to the City Council, and discussed who in Beaverton City Government would be good resources going forward. This subcommittee desires to have more Beaverton Council on Aging member participation. The Council Liaison summarily approved a two meeting approach for delivery to the city council, first for committee name change and by-laws change, another for the AFC presentation.

City Council Report – Cate did not have the necessary materials to speak directly to the ‘Bluezones’ initiative that was presented to council recently however she presented some highlights. Cate has promised to share the materials for our knowledge and use. The Secretary will arrange to promulgate those resources prior to the next BCA meeting.

Staff Liaison Report – Jim reports that the window to apply for volunteer positions has been extended to Oct. 19, and interviews and recommendations are due Nov. 6th. Jim asked for volunteers for the interview cycle.

Resource Guide / Speakers – Will Anderson will write a ‘200 word’ announcement of the BCA name change for the Resource Guide for the December issue, while Regina will write a piece on ‘holiday depression’ for the same publication.

Planning – We will hold a meeting in December specifically on Age Friendly Cities. A happy hour will follow as a ‘Holiday Party.’

Announcements –

Regina announced the AARP Smart Driver Course. Contact Jerry R. Dusenberry 503-431-6857. Training dates 10/19, 10/24, 11/6, 11/16, and 11/28.

Regina announced the Encore Fellows program, www.encore.org, an Intel foundation.

Laurel announced the Smart Reader program, reading to children, which Laurel already does. www.getSMARToregon.org. “Start Making A Reader Today”.

Suzanne VanSlyke gave a higher level talk on the 'Interdependence' of 'Independence', especially regarding the aging.

Adjournment at 4:05 PM

Council Liaison:

Cate Arnold (Present)

Staff Liaison:

Jim Brooks (present)

Committee Attendees:

Jo Anne Bauman, Cathy Doyle, Regina Ford, Peggy Gordon, Sky Johnson, Jeff Menzel, Laurel Reilly, Helen Robinson, and Will Anderson.