



Beaverton Senior Citizen's Advisory Committee - Minutes

Tuesday, March 10, 2015 @2:30 p.m.

The Beaverton Building

Beaverton City Hall at the Round

Columbia River Room

Call to Order

The meeting was called to order at 2:30 p.m.

Roll Call

Members Present: Judith Auslander, Jo Anne Baumann, Cathy Doyle, Helen Robinson, Beverlee Ryan, Regina Ford, Peggy Gordon, Jeff Menzel, Will Anderson, and Skylar Johnson

Elsie Stuhr Representative and Committee Member: Laurel Reilly

Staff Liaison: Jim Brooks

Council Liaison: Cate Arnold - absent

Approval of February 2015 Minutes: Minutes were approved as corrected. Motion and Seconded and approved by consensus.

Agenda

Guest Speaker:

Aging in Place - Regina Ford

- 10,000 people are turning 65 every day until 2030.
- Will change population to 22% being over 65
- This will be a permanent change due to increased life expectancy and reduced birth rate.
- Due to recession people will continue working later. Also more active and healthy.
- Aging in Place means staying in place you now live in comfortably and independently.
- Home Builders can take classes and become certified in going into homes and offering suggestions as how to age in place. Don't have to be a homebuilder or contractor. Class has students go through simulations to see what it is like to be older.
- Homes are getting older and are not conducive to aging in place.
- Aging in Place Specialist – evaluates the home and the client's abilities to see where recommended changes are needed in order for client to remain safe in home. Then give a prioritized list of what changes need to be made.
- Who needs evaluation: Progressive disease, accident that causes temporary issues, or traumatic change
- Many non-profit organizations that can help with home changes

- Lifelong Housing Certification – those homes that pass inspection can be listed as Multiple Listing Service as accessible at 3 levels: Visitable (anyone can visit no matter what needs), Fully Accessible, and Enhanced Accessibility for certain needs.

Old Business:

Forum Report

- Regina handed out report of where next event
- AARP gave donation of a \$100 gift card to Fred Meyer to purchase food and 2 books for raffle and bags for participants
- Jim said that we have \$500 in account to spend on forum
- Stated we need posters of events and vendors
- Went over survey questions Suggested by Jo Anne that we add, “How did you hear about the fair?” Other suggestions made.
- Email Regina as to what duties you would like to do.
- Jim will supply 4-6 clipboards and pens to fill out surveys
- Will use stickers to put on people who have been surveyed
- Judith suggested recycled bins for water bottles
- All receipts go to Jim
- Will is taking photos

Discuss guest speaker

Report to Council

- Discussed under Staff Liaison Report
- Laurel will discuss at City Council meeting on April 7th

New Business:

Group photo taken

Updates:

Staff Liaison Report

- Discussed forum changes
- Must have time to get approval on letters
- More scrutinizing because of branding
- Jim has much more work so our interactions must be as efficient as possible
- Involving Jim earlier in the planning process for events will enable him to obtain information in a more timely manner
- Council meeting – We should begin planning for council meetings 2 ½ - 3 months in advance so Jim knows how much time to ask for and who the participants will be
- Age Friendly City can state that we are considering this and will come forward later with more information
- Will asked if a sub-committee needs to be selected to handle council presentations

Guest Speakers:

(Suggestions from February meeting)

Catalyst NW – remodeling (Laurel)

Mental health in seniors (Jo Anne)

Jim Smith - Attorney regarding probate (Jeff)
211 Info and Housing Connection (Peggy)
Transportation (Cathy)

- April – AARP – How to facilitate age-friendly city (Regina)
- May –

Resource Guide Contributions - Deadline 15th of each month before publication (written few days after speaker for the following month's paper)/250 word limit/to Jim

BE SURE TO ADD BY LINE

- May – Photos of Fun Fair
- June –
- July –

Announcements:

Meeting adjourned at 4:00 p.m.

Next meeting scheduled for April 14, 2015@2:30PM at the The Beaverton Building, Beaverton City Hall at the Round, Columbia River Room

Minutes recorded by Judith Auslander, MA