



Beaverton Senior Citizen's Advisory Committee - Minutes

Monday, Nov. 10, 2014 @2:30 p.m.
The Beaverton Building
Beaverton City Hall at the Round
Columbia River Room

Call to Order

The meeting was called to order at 3:10 p.m.

Roll Call

Members Present: Judith Auslander, Jo Anne Baumann, Cathy Doyle, Helen Robinson, Beverlee Ryan, Regina Ford, and Peggy Gordon

Elsie Stuhr Representative and Committee Member: Laurel Reilly

Staff Liaison: Jim Brooks

Council Liaison: Marc San Soucie - absent

Absent Members: Sally Simon

Guests: Kona the dog

Approval of October 2014 Minutes: Minutes were approved as written.

Agenda

Guest Speaker: Holly Pruitt, Certified Life-Cycle Celebrant – Death Café

- Villages NW invited her to do a program on life transition
- Became involved with Death Café
- What 3 words describe Death Café to you?
- No presenters, no worksheet, no agenda, just sharing what is on your mind about death
- Purpose it so increase awareness of death in the view to helping people make the most of their lives.
- Intimacy of talking with people during an air flight lay over. Just talking with people without worrying about the impact. Also a chance to learn other views.
- Why did you come to the Death Café?
- Each table has a host to stimulate stalled conversation or support those in need.
- People have different fears about dying.
- 14 to 15 years ago Bernard Crettaz wrote a paper called Café Mortal
- Jon Underwood in the UK wanted to live in a society where his kids wouldn't be afraid of death. He read the paper by Crettaz and held first Death Cafe. Lizzy Milles in Columbus OH started Death Café in US
- Over 1200 held in last 3 years in 25 countries. Also some are held online at www.deathcafe.com

- Lots of media written about Death Café.
- First in Portland was held 18 months ago and 20 have been held since then.
- On Facebook, etc
- Usually @ 70 people apply to attend. Only @ 20-25 allowed.
- Age is usually 50 & 60's. Have had down to 20's.
- Intergeneration is appreciated.
- Mostly women.
- Usually does not change view about death – but brings people into community.
- To find out about an upcoming Death Café sign up at PDXDeathCafe@gmail.com to find out about one in your area.
- Usually lasts 90 minutes to 2 hours. If 2 hours may have a table switch.
- Festival @ September or October 2015.

Old Business:

Spring Forum Report

- April 11th at Elsie Stuhr
- 1:30 to 4:00
- Happiness and Fun!
- Entertainment
- Vendor Tables
- Maybe food room separate from entertainment and vendors
- Will see about donated food
- Maybe donated prizes for raffle
- Beverlee will look into transportation to get more people
- Looking for entertainers

Committee Name Change

- Beaverton Advisory Committee on Active Aging
- Beaverton Advisory Committee for Older Adults
- Beaverton Advisory Committee for Aging Adults
- Beaverton Advisory Committee on Aging
- To be decided at our January meeting
- Laurel will send out possible name changes to be discussed at January meeting to new members.

Report on Interviews

- Regina, Jim, Sally and Laurel did interviews for new members. Interviewed 7 people.
- 3 Names turned into city for approval.

New Business:

- January Meeting Orientation

Sally resigned from the committee

Updates:

- Councilor Marc San Soucie – council update - absent
- Viva Village
Had dinners that raised more than \$1000.

- Orientation of new members
 - Go over bi-laws - Laurel
 - About forums – Helen
 - Spring forum - Regina
 - Resource Guide – Cathy
 - Interaction with other committees - Regina
 - All speakers – Judith (make list)

Guest Speakers:

- December - Allan DeLaTorre, Age Friendly Portland, then go to Happy Hour at Laurel's afterward. Social Happy Hour (Laurel will bring address and directions to meeting). Can bring potluck goodies.

Resource Guide Contributions - Deadline 15th of each month/250 word limit/to Jim

BE SURE TO ADD BY LINE

- December - Dispute Resolution - Sally
- January 2015 - Death Café - Judith

Announcements:

- Visioning Committee wants our help with cleaning of Vose Community. Lots of seniors. Saturday, November 15th 9 – noon, wear grubbies, cleaning yards. Queen and King Blvds at Denny. Park at Vose Elementary School.
- Meeting with City Council. March so can announce April Spring forum.

Parking Lot:

- Meet with City Council

Meeting adjourned at 4:40 p.m.

Next meeting scheduled for December 9, 2014@2:30PM at the The Beaverton Building, Beaverton City Hall at the Round, Columbia River Room

Minutes recorded by Judith Auslander, MA