

Beaverton Senior Citizen's Advisory Committee - Minutes

Tuesday, October, 14, 2014 @2:30 p.m.

The Beaverton Building

Beaverton City Hall at the Round

Columbia River Room-5th floor

Call to Order

The meeting was called to order at 2:40 p.m.

Roll Call

Members Present: Jo Anne Baumann, Cathy Doyle, Beverlee Ryan, Regina Ford, Sally Simon

Elsie Stuhr Representative and Committee Member: Laurel Reilly

Staff Liaison: Jim Brooks

Council Liaison: Marc San Soucie (absent)

Absent Members: Judith Auslander, Helen Robison, Marc San Soucie

Permanent Guests: none

Guests: Cassie Eleson

Approval of September 2014 Minutes: yes

Agenda:

Note on Parking: ok to park in the lot on north side of the bldg off Millikan and Rose Biggi Ave

WHO Global Network Article handed out on Age- friendly cities and communities

Speaker: Age Friendly City Movement - Regina Ford

- How can we be a livable city?
- Have we done a comprehensive survey? NO. The Visioning Committee has done some
- We can help by becoming an age friendly city here in Beaverton
- In 2010 the only NW city to be involved is Portland, OR (in fact in the west coast region)
- focuses on 8 domains, including housing, transportation, outdoor spaces/bldg, social participation, respect and social inclusion, civic participation and employment, communication and information, and community support and health services.
- Allen DeLaTorre, project manager for Portland's Age-friendly City project will be coming to speak in December, 2014
- SCAC wants to be involved in at least one or more of the domains and wants to connect with what the visioning committee has already done and how we can work together. And include our older citizens with our future decision making. Our committee would be just one aspect.
- What Commitments would the City of Beaverton have to make?? Will address with Allan at next meeting
- What does age friendly actually mean? Multi-generational, with focus on growing older
- SCAC needs find ways to provide more input into issues such as traffic and planning to assist in making Beaverton a more age friendly community. i.e. traffic lights not long enough for slow walking person to get across the large intersections.
- SCAC is already involved at a secondary level with 4 projects on the visioning committee
- Get Family members and Caregivers of older adults to give input
- Craft a website survey? But concerns that is still does not reach many who cannot use a computer

Old Business:

Name change

- Most of group agree to take Senior out of the Title.
- Senior Citizen is a 1930's term: for someone over 80, it refers to a position of honor and respect
- Some feel again and older make them feel older, a few don't mind Senior, but want Citizen out of name.
- Possibly keeping focus on just Aging and Advisory

- We need to write up an outline to submit to City Council
- Some suggestions: "Aging Population/Area Advisory Committee" or "Older adult (and family) Advisory Committee" or "Aging Advisory Committee" or "Aging Adult Advisory Committee"

For most part, no one can agree on a name, except aging is a process and a more general term. For next meeting, narrow down names: What do we want in the title, who we address or what we do? make the title more general. Ask people we see at work, neighbors, family and get their input.

Communication, awareness, and understanding of our seniors were in the original goals when committee was developed in 1997

Judith:

It is important if we are to attract more people to stay up to date in our lingo. Senior Citizen is very outdated and unattractive

Our current name does not say anything about what we do. It needs to reflect Advocacy, Aging across the Life Span, Intergenerational Thinking

Spring Forum Discussion:

- Fun Fair: have different booths that focus on fun.
- Sat afternoon time only available at Elsie Stuhr in one room
- Do we want entertainment? i.e. theater group, music
- Volunteers for subcommittee: Cathy Doyle, JoAnne Bauman, Beverly Ryan, and Regina Ford

Health Fair Review

- Everything worked out well with Regina, and Beverly, and Judith and Helen there with Jim
- There was about 400-500 attendees
- Some people in bad areas, Joanne's table did not have much traffic.
- Poor directional signage
- plenty of food: people liked the different fruit and cheese platters
- Jim has notes and comments written down from attendees
- We need brochures:
 - We need a brochure that talks about our committee and what we do to have at fairs. People generally have no idea what we are, what we do, etc. In the 2 seconds we have to talk to them, they leave with still not really knowing.
 - How about adding a PR person to our group who puts announcements in papers, and anything else that we want to let the community know about?

New Business:

Interviewing new applicants for committee members

- Sally, Regina, Laurel will be involved with Jim in the interview process

Updates:

- Councilor Marc San Soucie – none, Marc was unable to attend
- Viva Village (reviewed for new visitor briefly). Website: vivavillage.org
-Brazilian Dinner was great per Regina, next one will be Italian

Guest Speakers:

- November – Death Cafe speaker, will have to change as Nov. 11th is Veteran's day and City Hall Closed. Will try to move to Monday the 10th.
- December - will be having Allan DeLaTorre speaking, then go to Happy Hour at Laurel's after

Resource Guide Contributions - Deadline 15th of each month/250 word limit/to Jim

BE SURE TO ADD BY LINE

- November – Death Café - Judith
- December – Dispute Resolution - Sally

Announcements:

Future Guest Speakers:

- How about kids from local schools giving talks about things that may interest us as we grow older. My granddaughter recently wrote a short report on an article about the benefits of getting enough sleep and napping. I think that sort of thing would be fun.
- How about having a group of kids come in - or we go to their school for a meeting - and find out what they think of older adults - what do they want from older adults?

Parking Lot:

- Name change discussion
- Meet with City Council

Meeting adjourned at 4:00 p.m.

Next meeting scheduled Tentatively for MONDAY, November 10th 2014@2:30PM at the The Beaverton Building, Beaverton City Hall at the Round, Columbia River Room.

Minutes recorded by Cathy Doyle