



## **Beaverton Senior Citizen's Advisory Committee - Minutes**

Tuesday, Feb. 11, 2014 @2:30 p.m.

Beaverton City Hall

Council Chambers

### **Call to Order**

The meeting was called to order at 2:30 p.m.

### **Roll Call**

Members Present: Judith Auslander, Jo Anne Baumann, Carolyn Best, Cathy Doyle, Helen Robinson, Regina Ford, and Sally Simon

Elsie Stuhr Representative and Committee Member: Laurel Reilly

Staff Liaison: Jim Brooks

Council Liaison: Marc San Soucie - absent

Absent Members: Beverlee Ryan, Missy Kirkland, Peggy Gordon

Permanent Guests: Dana Paul

Guests:

**Approval of January 2014 Minutes:** Minutes were approved as written.

### **Agenda**

Guest Speaker: Presentation by Parish Nurses – Sandy Madsen – Parish Nurse Coordinator with Tuality Healthcare

- Parish means People on a Journey
- A Parish Nurse is a registered nurse who has completed a course called Foundations of Faith Community Nursing – any faith can be part of.
- Health promotion and wellness
- Model is for all faiths
- Specialized practice that looks at spirit as well as healing – specialized care of the spirit
- Do not practice under doctor's orders – different branch of nursing.
- Based on making patients spiritual belief as part of healing.
- Health advisors to help understand condition and navigate health system.
- Referral agents to other resources in the community.
- Health advocates to patients – teach people how to become own self-advocate
- Health committee made up of community members interested in advocating
- Serve on many community programs
- Put on programs to help with healthcare and caregivers in the community

- Parish Nurses have helped to reduce re-admission rate to hospitals.
- Training taking place locally July or August – 16 module course with guest speakers

#### New Business:

- Nomination of officers
  - Laurel continues as chair, Cathy continues as vice-chair, Judith as secretary
- Farmer's Market
  - Judith will write Ginger that we are interested in Senior Day
- Group photo for next meeting
- Village Movement – add to business for next month

#### Old Business:

- Spring Forum Discussion – Alzheimer's
  - Elsie Stuhr is available for afternoon forum from 1 to 4
  - Tentative Date is May 10<sup>th</sup>
  - Need a catchy title

#### Updates:

- Councilor Marc San Soucie – council update – Sent by email
  - Council docket right now is consideration of whether and how to permit medical marijuana dispensaries in Beaverton, under state law that goes into effect Mar. 3. The proposal before Council, based on last Tuesday's discussion, is to ban them for 6 months, then permit them under local regulation so that the city can monitor them for appropriate behavior and performance. Tonight is a public hearing on the subject, and we may have another next week, though that isn't certain.
  - Move to the Round scheduled for June or July

#### Guest Speakers:

- March – Providence Elderplace – Melany Crabtree (Jo Anne)
- April – Jim will talk about Mediation
- May – SAGE – Judith (contact Steve at [info@wearesage.org](mailto:info@wearesage.org)) - will need a projector
- June – Adult Protective Services (Jim)
- July –
- August –
- September –
- October –
- November -

#### Resource Guide Contributions - Deadline 15<sup>th</sup> of each month/250 word limit/to Jim

- March – Laurel – SMART
- April – Caroline – Parrish Nurses
- May – Ad – forum committee will write article
- June –

- July –
- August -
- September –
- October –
- November –
- December -

Announcements:

Meeting adjourned at 4:00 p.m.

Next meeting scheduled for March 11, 2014@2:30PM at the Beaverton City Hall, Council Chambers

Minutes recorded by Judith Auslander, MA