



Beaverton Senior Citizen's Advisory Committee - Minutes

Tuesday, September 10, 2013 @ 2:30 p.m.

Beaverton City Hall
Council Chambers

Call to Order

The meeting was called to order at 2:30 p.m.

Roll Call

Members Present: Judith Auslander, Jo Anne Baumann, Carolyn Best, Cathy Doyle, William (Bill) Johnson, and Sally Simon

Elsie Stuhr Representative and Committee Member: Laurel Reilly

Staff Liaison: Jim Brooks - absent

Council Liaison: Marc San Soucie - absent

Absent Members: Beverlee Ryan, Peter Barker, Helen Robinson, and Missy Kirkland

Permanent Guests: Dana Paul

Approval of August Minutes: Minutes were approved with typo corrected.

Agenda

Guest Speaker: Chana Andler – Village Movement and Villages NW

Sharon Nielson – Board of Villages NW, community development specialist.

- Started about 15 years ago in Beacon Hill area of Boston
- Now 115 exist across country and 120 in development.
- Helps seniors age in place in their own homes (rental, living with kids, etc) Takes burden off caregivers.
- Designed by Harvard Business School – needs to be non-profit, membership/owners who elect board of directors, determine services and coordination.
- Coordinates in 4 different ways: resources (i.e. Ride Connection but only works in certain ways – so how fill in gaps with volunteers), Volunteers, Professionals (i.e. who is a good roofer, plumber, etc and works well with older adults, and offers discounts of 20% to 50%), Coordinate with other agencies with discounted structure.
- Become a Village Member – about \$600 per year, \$840 for couple – About \$12.50 per week.
- Services include: ride to grocery store/doctor/scribe at doctors/, change light bulbs, sweep patio, walk dog, help with computer, services range all over. Volunteer's help with reading and understanding documents, clearing out clutter, organize.

- Join because an amazing community. Lot's of socializing. Discussion, education, dining out, walking tours, picnics. Most important thing is a community relationships. Healthy Interdependence. What are we going to do for each other?
- Supported by fees and donations and grants
- Scholarships for low income.
- Village volunteer can bring someone home from the hospital.
- Can contract with agency to help with medicine management – cost effective.
- Boundaries for Villages are set by 10,000 people over the age of 65, 23,000 people aged 50 and up as well as naturally occurring boundaries and where planning group lives.
- Single, older women lead the membership.
- Washington County starting with Forest Grove, Cornelius, Aloha and Hillsboro – Village Without Walls
- Fund raise one year operating budget before launch because takes awhile to get membership funds – usually at 300 members. Paid positions include: manager, volunteer coordinator (back round check, events). Hospitals are becoming part of the fundraiser to save them money.
- Beaverton would probably have to combine with close by smaller communities – Bethany and Cedar Mills/Hills.
- Villages are the answer to the tsunami of older adults who are arriving in the next few years when there are not enough nursing homes/\$ to pay for them.
- Includes people of all ages in a variety of ways
- BSCAC can help by endorsing Villages, volunteer to be part of the planning group for Beaverton. Villages NW will assist. NAC's are backing it.
- If interested contact Chana@VillagesNW.org or info@VillagesNW.org visit Villages NW website for a lot of information.

Updates:

- Upcoming Medicare Forum
 - Saturday, Sept. 21st – Library
 - Jim will be there at 8:30 AM to set up
 - Bill will send reminder email to Mark about introducing speaker
 - Judith email Jim regarding surveys
- Health Fair, Saturday, October 5th
 - Friday, October 4th cut fruit about 3:00. Volunteers: Cathy, Judith, Carolyn, Sally. Bring own knives.
 - Saturday get there at 8:30AM.
 - Need surveys.

Guest Speakers:

- October – New Beaverton librarian – library services for an aging population - Laurel will contact
- November – Habitat for Humanity – Jo Anne will contact
 - Suggestions: Ride Connection, 211, SAGE, Habitat for Humanity

Resource Guide Contributions - Deadline 15th of each month/250 word limit/to Jim

- October – Halloween - Carolyn
- November – Thanksgiving – Missy
- December – Six years serving SCAC - Cathy

Announcements:

- 50's, 60's, and 70's Retro Party at Hearthstone – Thursday, September 19th 4:45-6:30PM. Free
- Beaverton Vision Advisory Committee – Tri Met and police.

Meeting adjourned at 4:00 p.m.

Next meeting scheduled for October 8, 2013 @2:30PM at the Beaverton City Hall, Council Chambers

Minutes recorded by Judith Auslander, MA