



## City of Beaverton

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CITY OF BEAVERTON  
SENIOR CITIZENS ADVISORY COMMITTEE  
TUESDAY, MAY 12TH, 2009

### 1. CALL TO ORDER

The meeting was called to order at 2:15 pm by Michael Heart, Chair.

### 2. ROLL CALL

\*Members present: Gayle Campbell, William Johnson, Cheryl Gill-Shelton, Cathy Leong, John Livingstone, Michael Heart, Robert Marchbank

\*Members absent: Beau D. McNeff (excused), Jacqueline Stovall (excused)

\*Council Liaison: Marc San Soucie

\*Staff Liaison: Jim Brooks

\*Elsie Stuhr Representative: Laurel Reilly (absent)

\*Guests: Paul Fraser, YMCA, Melissa Augustine, YMCA, Ann Satterfield, Elsie Stuhr Center

### 3. INTRODUCTIONS OF COMMITTEE MEMBERS-WHAT CAN THE CHAIR DO FOR YOU?

Gayle Campbell stated that she will be absent for the next meeting. Therefore a secretary is needed for the next meeting. William Johnson volunteered to take the minutes for the June Meeting.

Cathy Leong felt SCAC is making good progress.

### 4. YMCA ACTIVE OLDER ADULTS PROGRAM

Paul Fraser, Senior Director, Member Sales and Internal Marketing and Melissa Augustine, Senior Program Director, Health and Wellness over 65 yrs Program explained the YMCA's program for active older adults. Melissa works with the "Silver Sneakers" program wherein Humana, Kaiser and Secure Horizons insurance pays the YMCA fees for persons over 65 years. Aquatic classes, seminars, workshops, and outings are offered for seniors. A National Senior Health and Fitness Day for persons over 55 is scheduled for Wednesday, May 27, 2009. Activities scheduled from 9:00 am to 12:00 pm will include a Health Fair with vendors, fitness assessments and nutrition information. YMCA's web site is <http://www.YMCA-beaverton.org>. Robert Marchbank stated that grab bars are needed in the showers at the YMCA. John Livingstone informed Paul and Melissa that he could teach Spanish.

### 5. APPROVAL OF APRIL 14TH MINUTES

Michael Heart requested that "excused" be added following members absent names Beau D. McNeff and Cheryl Gill-Shelton. After the addition of the word excused to members absent

names, it was moved and seconded to approve the April 14th, 2009, minutes. The motion carried unanimously upon voice vote.

#### 6. POSSIBLE JOINT EVENT WITH ELSIE STUHR CENTER

Ann Satterfield, Program Coordinator, Health and Wellness, Elsie Stuhr Center, agreed to be a guest speaker for SCAC's June 9th meeting. Ann passed out a brochure describing the Health & Wellness Fair held at the Elsie Stuhr Center, October 4, 2008. Ann stated that "Fall Prevention" will be the focus of the Health and Wellness Fair, October 3rd, 9 am-1pm, at the Elsie Stuhr Center. This event is a fund raiser. For-profit vendors are charged \$200 to attend. There is no charge for non-profits. The benefits that SCAC could offer Elsie Stuhr were discussed as follows: Our list of non-profit organizations that participated in our 2008 Senior Resource Fair could be shared. Money set aside for refreshments for SCAC could be shared with Elsie Stuhr Center. Ann said she was open to the idea of including SCAC as a sponsor of Elsie Stuhr Health & Wellness Fair. Since the SCAC Senior Resource Fair vendors were non-profit, Jim Brooks will contact the City Attorney in order to ascertain if SCAC could be a sponsor with Elsie Stuhr Center as they utilize for-profit vendors. Combining efforts of SCAC with Elsie Stuhr Center will be explored by Cathy Leong and Gayle Campbell as they meet with Ann Satterfield at Elsie Stuhr Center prior to the SCAC 6-9-09 meeting.

#### 7. ABSENTEE PROPOSAL

The absentee proposal written by John Livingstone was read to the committee. Concerns were raised regarding members being forced to resign if the absence deemed unexcused. Marc San Soucie stated SCAC serves at the pleasure of the Council and Mayor. Marc San Soucie and Jim Brooks will follow-up to see if there is a policy dealing with the problem of frequent absent members of committees. The absentee proposal is tabled until the June meeting.

#### 8. SENIOR RESOURCE FAIR

Cath Leong stated there are several dates available for a Senior Resource Fair but the issue is on hold until it is decided whether to collaborate with Elsie Stuhr Center.

#### 9. SCAC FORUM

William Johnson and Robert Marchbank have not received a list of potential speakers from Lani Parr, Neighborhood Program Manager. Scheduling the forum at the Library is still being considered for the Fall. Marc San Soucie stated that it is important to get guidance from Lani Parr. William Johnson has identified a speaker from Providence Hospital.

#### 10. SENIOR DISCOUNT PROJECT

Michael Heart announced that Beau D. McNeff has volunteered to compile a list of businesses offering senior discounts.

#### 11. REPORT BY JIM BROOKS

Jim Brooks informed us that it is now easier to access the SCAC on the City of Beaverton web site. After accessing the City of Beaverton web site at <http://www.beavertonoregon.org>, click on programs, then Senior Information & Support, then Senior Citizens Advisory Committee.

#### 12. REPORT BY COUNCILOR MARC SAN SOUCIE

The budget is the main focus of the Council. The public hearing on the budget is June 22nd. The fiscal year is from July to July. A new section of the trail by the Tualatin Nature Park has opened. The Farmers Market opened Saturday, May 9th. On June 15th, the problems regarding parking at the Farmers Market will be presented to the Council.

13. ASSIGNMENTS FOR JUNE 9TH MEETING, 2ND FLOOR CONFERENCE ROOM

- A. William Johnson will take the minutes for the June 9th meeting.
- B. Jim Brooks will contact City Attorney regarding any problem with SCAC combining efforts with Elsie Stuhr Center fund raising Health Fair.
- C. Cathy Leong and Gayle Campbell will meet with Ann Satterfield, Elsie Stuhr Center, regarding combining efforts for a joint event.
- D. Jim Brooks and Councilor Marc San Soucie will find out if SCAC can establish an Absentee Policy. Absentee Policy tabled until June meeting.
- E. Awaiting communication from Lani Parr, Neighborhood Program Manager, regarding FORUM.

14. ADJOURNMENT

The committee moved and seconded to adjourn the meeting at 3:40 pm. The motion carried unanimously upon voice vote.