



City of Beaverton

CITY OF BEAVERTON
SENIOR CITIZENS ADVISORY COMMITTEE
TUESDAY, JULY 14TH, 2009

1. CALL TO ORDER

The meeting was called to order at 2:15 pm by Michael Heart, Chair.

2. ROLL CALL

*Members present: Judith Auslander, Gayle Campbell, Marianne Hart, William Johnson, Cheryl Gill-Shelton, Cathy Leong, John Livingstone, Michael Heart, Robert Marchbank

*Members absent: Jacqueline Stovall

*Council Liaison: Marc San Soucie (absent)

*Staff Liaison: Jim Brooks

*Elsie Stuhr Representative: Laurel Reilly

*Guest: Don Bellairs, Metropolitan Family Service

3. MEMBER ACTIVITY

The Council has approved Judith Auslander and Marianne Hart as members of SCAC. Marianne Hart introduced herself to the group. She is retired. She had a career as a factory worker. Since moving from California one year ago, Marianne has become active in senior issues in Beaverton. Beau D. McNeff has resigned from the committee.

4. BEAVERTON SPD/VOUCHERS FOR FOOD STAMPS

Judith Auslander announced that Beaverton Disability, Aging and Veterans Services (DAVS) has changed its name to Beaverton Senior & People with Physical Disabilities (SPD). This name change also applies to Washington, Multnomah and Clackamas Counties SPDs. Seniors who have turned 60 by April 1, 2009, receive food stamps or Medicaid, have a monthly income below \$1038 for an individual, and live in their own home or rental unit are eligible for free \$30 (farm direct checks) to use at any participating farmers markets. Sign up is due by Sept. 15th. The coupons can be used through the end of October.

5. METROPOLITAN FAMILY SERVICE-FOSTER GRANDPARENT PROGRAM/EXPERIENCE CORPS

Don Bellairs, Speaker Bureau of the Metropolitan Family Service, stressed that those who volunteer live longer. Volunteers are needed for the Experience Corps which provides children with mentoring, tutoring, and community and family involvement services primarily by older adults working in teams. The Foster Grandparent program is successful at giving a child self-confidence. You need to be on a limited income in order to be eligible to be a Foster Grandparent. The volunteer is paid a stipend. The programs are more active in Clackamas County. The following suggestions were given by SCAC to Don Bellairs for

speaking opportunities: 1. Give a talk during lunch at the Elsie Stuhr Center. 2. Speak to the YMCA Silver Sneakers.

6. APPROVAL OF MINUTES

Correction: Judith Auslander has applied to be on the Washington County Senior Advisory Committee. After the correction was noted, it was moved and seconded to approve the June 9th, 2009, minutes. The motion carried unanimously upon voice vote.

7. ABSENTEE PROPOSAL REVISITED

In the 6-9-2009 minutes, it was noted that Marc San Soucie stated that the By Laws of each committee does have the authority to determine an absentee policy. At the request of Michael Heart, John Livingstone agreed to write a new absentee policy. Jim Brooks stated that there has been no movement to establish a uniform policy amongst all the City of Beaverton Committees.

8. 2009 HEALTH & WELLNESS RESOURCE FAIR, OCTOBER 3RD WITH ELSIE STUHR CENTER

Cathy Leong and Gayle Campbell reported on their 7/9/09 meeting with Ann Satterfield. Ann informed Cathy and Gayle that the same letter requesting participation in the 2009 Health & Wellness Resource Fair was mailed to for profit and not for profit organizations. Gayle Campbell stated that the letter had been sent to Cathy and herself by e-mail for review. Gayle had replied per e-mail asking if another letter was going to be mailed for the non/profits. In the 7-9-09 meeting, Ann stated that the same letter was sent as most non profit groups know they don't have to pay \$200. The SCAC Committee felt a letter should be mailed to non/profits which would eliminate the request for \$200 fee. Michael Heart will compose a letter for non profits and Jim Brooks will then mail to non profit organizations. It was also noted that there was a mistake in the SCAC's title. It should read Committee instead of Council. Jim Brooks will phone Ann Satterfield in order to coordinate the issues raised. The City of Beaverton Logo and list of contacts for non-profits was e-mailed by Jim Brooks to Ann Satterfield. The next deadline for the City of Beaverton newsletter is August 28th which will be too late as the newsletter will probably be distributed after 10/3/09. SCAC volunteers are needed for our booth, flu shot station, food table and check-in. It was suggested that Jim Brooks bring the fold out display on SCAC to the next meeting. It was noted that our committee will provide medication review. Robert Marchbank, Pharmacist, will be our resource person at the SCAC booth. Brochures, medication cards, 7- day pill containers were mentioned as items for our SCAC table. A 5 question survey was discussed as an item for the SCAC table. Judith Auslander will create the survey.

The SCAC Committee agreed to have large ID name badges. Judith Auslander has a contact who could design the ID name badge for us. The ID's could be laminated by the City. Post cards and posters will be generated by Ann Satterfield. SCAC will mail the postcards to our list on file.

9. SCAC FORUM/UPDATE BILL JOHNSON AND ROBERT MARCHBANK

Bill Johnson explained the concept of the SCAC forum. The Forum could address practical economic issues of seniors. Bill Johnson and Bob Marchbank were asked to formulate a format for the Forum.

10. SENIOR DISCOUNTS

Since Beau D. McNeff resigned, Michael Heart will be responsible for coordinating list of businesses who offer senior discounts. Michael asked committee members to ask if businesses offer senior discounts. If so, e-mail to MJHeart@comcast.net. The committee was asked to think about how this list would be disseminated.

11. GERONTOLOGY SOCIETY CONFERENCE

Judith Auslander announced that the Gerontology Society is hosting a conference at Portland Community College Rock Creek Campus, August 7th from 8 am to 5 pm. Registration is \$50.

12. SCAC PRESENTATION TO COUNCIL

Last year John Livingstone gave an overview of the committee to the Council. Jim Brooks explained that advise refers to changes in policy of the City of Beaverton. The date suggested for this report at the last meeting was November or December. We were asked to think of what the report should consist of this time.

13. ASSIGNMENTS FOR AUGUST 11TH MEETING, 2ND CONFERENCE ROOM

- A. John Livingstone will write a new Absentee Policy.
- B. Michael Heart will compose a letter to send to non-profit organizations for 10-3-09 Fair. Jim Brooks will mail letters.
- C. Jim Brooks will phone Ann Satterfield, Elsie Stuhr Center, in order to assure correct SCAC title.
- D. Jim Brooks will bring SCAC fold out display to 8-11-09 meeting.
- E. Judith Auslander will write-up a 5 question survey.

14. ADJOURNMENT

The committee moved and seconded to adjourn the meeting at 3:42 pm. The motion carried unanimously upon voice vote.