



## City of Beaverton

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CITY OF BEAVERTON  
SENIOR CITIZENS ADVISORY COMMITTEE  
TUESDAY, SEPTEMBER 8, 2009

### 1. CALL TO ORDER

The meeting was called to order at 2:18 pm by Michael Heart, Chair.

### 2. ROLL CALL

\*Members present: Judith Auslander, Gayle Campbell, William Johnson, Cathy Leong, John Livingstone, Michael Heart, Robert Marchbank, Cheryl Gill-Shelton

\*Members absent: Marianne Hart, Jacqueline Stovall

\*Council Liaison: Marc San Soucie (absent)

\*Staff Liaison: Jim Brooks

\*Elsie Stuhr Representative: Laurel Reilly

\*Guests: Ann Satterfield, Elsie Stuhr Center, Leslie Foren, Director of Operations Elders In Action, Steph Routh, Director, Willamette Pedestrian Coalition

### 3. MEMBER ACTIVITY

John Livingstone announced that he has an agent for his completed book. Jim Brooks distributed a postcard advertising Free Tenant Forum, Wednesday, September 16th, 6:00 pm - 8:00 pm at the Beaverton City Library Auditorium. Jim Brooks distributed a notice that The Beaverton Citizens with Disabilities Advisory Committee invites us to join them for an educational dialogue with the Fair Housing Council of Oregon, Thursday, September 24th, 2009, at 4 pm at the Beaverton City Library Conference Room.

### 4. ELDERS IN ACTION, WILLAMETTE PEDESTRIAN COALITION, WALK SMART PROGRAM

Leslie Foren, Director of Operations, Elders In Action, gave an overview of the Elders In Action's Elder Friendly Programs. The Elders In Action has a staff of seven with one hundred thirty volunteers. Pamphlets describing Elders in Action and the Willamette Pedestrian Coalition were distributed. Steph Routh, Director, explained the purpose of the Willamette Pedestrian Coalition. The Willamette Pedestrian Coalition received a grant wherein the main focus is to determine safe, attractive walking routes for older persons. The Walk Smart Program is interested in identifying issues regarding safe walking in Beaverton. Ann Satterfield stated that Elsie Stuhr Center has identified 5 K and 10 K routes for walking. The Willamette Pedestrian Coalition has speakers available to speak to groups. It was suggested that Steph Routh connect with the NAC's (Neighborhood Association Committees) meetings and Loaves and Fishes sites. A survey regarding walking issues could be given to Elsie Stuhr Center to distribute. The Coalition would like to develop safe walking routes maps. Michael Heart invited Leslie Foren and Steph Routh to return to the January 12th, 2010, SCAC meeting.

#### 5. APPROVAL OF 8-11-09 MINUTES

It was requested that the last sentence of the first paragraph of the Proposed SCAC Attendance Policy be changed to "It is recommended that a member who is unable to attend meetings regularly, give serious consideration to resigning from the committee." Robert Marchbank requested that "Kaiser will provide a medication list" be changed to "A medication list was requested from Kaiser." After these changes were adopted, it was moved and seconded to approve the August 11th, 2009, minutes. The motion carried unanimously upon voice vote.

#### 6. SCAC ATTENDANCE POLICY APPROVED

It was moved and seconded to approve the SCAC Attendance Policy. The motion carried unanimously upon voice vote. Following is the approved policy:

An organization's effectiveness depends on proactive, full participation of each member. Since the Senior Citizen Advisory Committee (SCAC) meets only once a month, it is incumbent on all members to make every effort to attend committee meetings. It is recommended that a member who is unable to attend meetings regularly, give serious consideration to resigning from the committee.

The SCAC, by majority vote, will decide whether or not a member be asked to resign due to inability to attend meetings regularly after three unexcused absences.

#### 7. 2009 HEALTH & WELLNESS RESOURCE FAIR, OCTOBER 3RD WITH ELSIE STUHR CENTER

A. Ann Satterfield updated us on the progress in planning the fair. A copy of the postcard advertising the fair was distributed. Speakers for the free lectures have been confirmed. Thirty seven vendors have signed up for the fair thus far. There will be numerous raffle prizes. Ann has recruited another volunteer for the food table. The SCAC booth needs to be set up Friday from 3 to 5:00 pm. SCAC members need to be at the fair, Saturday at 8:30 am. Some vendors may choose to set up their booth Saturday. The public is invited in at 9:00 am. Long lines may be possible for the seasonal flu shots. As of now, the additional H1N1(Swine) flu vaccine will probably not be ready. Flu vaccines can be given to anyone over 13 years old at the center. The goal is that one hundred persons will visit each booth. Cathy Leong and Gayle Campbell will help Ann Satterfield cut up fruit salad at noon, Friday.

B. SCAC booth at the fair: Cathy Leong and Judith Auslander will meet with Jim Brooks to update SCAC display board. Jim Brooks will make copies of the tri-fold "Fall Risk Assessment Tool for Health Professionals." Judith Auslander asked for input from the committee regarding the survey. The title of the survey will be a Beaverton Senior Citizen's Advisory Committee Survey. It was suggested that a note on the survey would state that the survey can be returned to Elsie Stuhr Center up to November 3rd. Jim Brooks will make 200 copies of the survey. Cheryl Gill-Shelton volunteered to help with the SCAC booth. Robert Marchbank will confirm if Kaiser Permanente will provide a medication list and two hundred 7 day pill boxes.

C. Jim Brooks will make name tags for the committee members. Michael Heart will look into purchasing identifying caps.

#### 8. SCAC PHOTO

A photograph was taken of the committee with John Livingstone's camera.

#### 9. REPORT TO COUNCIL

William Johnson will compose a report of the activities of SCAC. William Johnson with the help of John Livingstone will present a report to the Council in November or December.

#### 10. SCAC FORUM

William Johnson and Robert Marchbank will proceed to research organizing a SCAC Forum in 2010.

#### 11. SENIOR DISCOUNTS PROJECT

There have been two more businesses identified as offering senior discounts. It was suggested that the Elders In Action Certified Business Directory be utilized as a resource for finding out businesses who also offer senior discounts.

#### 12. HUNGER, HOMELESSNESS, AND HEALTH/HUMAN RIGHTS COMMISSION

Judith Auslander was asked by Michael Heart to give a report to the committee regarding the conference on Hunger, Homelessness, and Health, at Sonrise Church, Saturday, September 26, 2009, from 8:30 am to 12:30 pm. Judith announced that the Beaverton Human Rights Commission is presenting an event regarding Racial Profiling, Tuesday, October 6th at 7:30 pm at the Beaverton Library. The public is invited to this free event.

#### 13. STATUS OF COMMITTEE/UPCOMING SCHEDULED MEETINGS

Terms of committee members were reviewed by Jim Brooks. Gayle Campbell and John Livingstone will have completed serving their three year term December, 2009. Both Gayle and John were invited to remain on the committee. John Livingstone stated he would be honored to continue to serve. Gayle Campbell will end her term in December. Michael Heart would like to brainstorm senior issues as the focus of the November meeting. It was suggested by Judith Auslander that the December meeting be a social event.

#### 14. THE NEXT MEETING IS TUESDAY, OCTOBER 13TH, 2ND FLOOR CONFERENCE ROOM

#### 15. ADJOURNMENT

The committee moved and seconded to adjourn the meeting at 3:56 pm. The motion carried unanimously upon voice vote.