



CITY OF BEAVERTON
SENIOR CITIZENS ADVISORY COMMITTEE
TUESDAY, OCTOBER 13, 2009

1. CALL TO ORDER

The meeting was called to order at 2:15 pm by Michael Heart, Chair.

2. ROLL CALL

*Members present: Judith Auslander, Gayle Campbell, William Johnson, Cathy Leong, John Livingstone, Michael Heart, Robert Marchbank, Cheryl Gill-Shelton

*Members absent: Marianne Hart, Jacqueline Stovall

*Council Liaison: Marc San Soucie

*Staff Liaison: Jim Brooks

*Elsie Stuhr Representative: Laurel Reilly

*Guests: Gregory Magnus, Police Officer, Community Policing, Ann Satterfield, Elsie Stuhr Center

3. MEMBER ACTIVITY

Committee members shared their personal plans for Halloween.

4. CITY OF BEAVERTON POLICE DEPARTMENT ON SENIOR SAFETY

Greg Magnus, Police Officer, discussed with us safety issues for seniors. Overall Beaverton is considered a safe city. There has been some increase in property crime. Greg Magnus stressed the importance of paying attention to surroundings. He gave pointers on how to protect yourself. It was pointed out that the crosswalk light in some crosswalk areas does not give adequate time to cross the street. Greg suggested calling the City Traffic Engineer's office and let them know if the crosswalk light is not on long enough to cross the street. Problems with identity theft were discussed. There is a shredder located at Elsie Stuhr Center. There is also a shredder located in front of the City Hall every other month. Jim Brooks stated that there is a link to the Beaverton Safe Program regarding senior safety issues on the SCAC web site.

5. APPROVAL OF 9-8-09 MINUTES

John Livingstone stated he does not have an agent for his completed book. John suggested that the sentence be changed to read "John Livingstone announced that he has completed his book." After this change was adopted, it was moved and seconded to approve the September 8th, 2009 minutes. The motion carried unanimously upon voice vote.

6. 2009 HEALTH & WELLNESS RESOURCE FAIR, OCTOBER 3RD WITH ELSIE STUHR CENTER
Ann Satterfield, Elsie Stuhr Center, reported on the successful October 3rd, 2009, Health & Wellness Resource Fair, Ann stated that there were approximately four hundred participants. Fifty one vendors participated. Fifteen of these fifty one vendors were non-profit. One hundred participants visited all the vendors. One hundred participants received seasonal flu vaccines. Robert Marchbank reported that over two hundred visited the SCAC booth. One hundred fifty pill boxes were distributed. Cheryl Gill-Shelton commented that participants praised the fair. Michael Heart thanked Ann Satterfield, Cathy Leong, Gayle Campbell and all members of the committee who contributed their time and efforts for working on the fair. William Johnson was thanked for making the delicious fruit, granola parfaits. Michael thanked Jim Brooks, Cathy Leong and Judith Auslander for their work on the SCAC display board. John Livingstone was thanked for taking pictures. Jim Brooks stated he would put the pictures on a disc. Jim Brooks stated he was impressed with the enthusiasm of committee members. Jim stated that one hundred eight Senior Surveys were made out. Thus far, out of the 108 surveys, only two reported they used food stamps, two reported they were depressed and six reported they were barely surviving. Jim Brooks will tabulate the final results of the surveys. The results will be sent to us by Jim per e-mail. How to improve the fair next year was discussed as follows: It was difficult for participants to visit all fifty one vendors in order to be eligible for raffle prizes. It was suggested that next year the SCAC Booth have bags with materials inserted in order to distribute to the participants. It was suggested that the name of the room and services offered be placed after the vendor's name. Ann Satterfield explained the limitations in designing the brochure. Problems with adequate parking were discussed. The last speaker only had five persons listening. Ways of avoiding a poor attendance for the last speaker was discussed.

7. SCAC FORUM/UPDATE FROM BILL JOHNSON/ROBERT MARCHBANK/JIM BROOKS
It was decided that May 1st, 2010, will be the date for the SCAC Forum. Jim Brooks will reserve the Library for 5-1-2010. Financial issues will be the focus of the forum It was suggested that there will be four speakers with a panel discussion at the end of the presentation. Following are possible suggested topics:

1. Preparing for Retirement when not prepared
2. Reverse Mortgages, housing for seniors, housing assistance programs
3. Hunger, Teaching How to Cook
4. Social Security/Medicare/Medicaid/Coping with supplemental insurance programs/SHIBA
5. Employment Market/Age Discrimination
6. How to Manage Retirement Funds
7. Help with Little repairs/ "Rebuilding Together", Repairs at Reasonable Prices
8. Rent versus owning
9. Identity Theft/Senior Scams

8. REPORT TO THE CITY COUNCIL

It was decided that SCAC's Report to the City Council be given November 2nd, 2009. Michael Heart asked John Livingstone to contact William Johnson in order to draft a report to the City Council. The draft report will be sent to SCAC members per e-mail for input. SCAC members are encouraged to attend the presentation to the City Council at 6:30 pm, 11/2/2009.

9. JUDITH ASLANDER REPORT

Judith Auslander reported on the Hunger, Homelessness and Health Conference held September 26, 2009. She stated the conference was well attended. After the speakers, the participants were split into committees. Judith is in the Beaverton group. She also reported

on the Compassion Clinic held at Barnes Elementary School. Dental Care, Medical Care and Social Services were offered. All appointments were filled up for the twenty volunteer dentists. This event was extremely well attended.

10. PLANNING FOR NOVEMBER 10TH "RETREAT"

Gayle Campbell distributed the Beaverton Visioning Process, Listing of Final Suggestions, from SCAC. Michael Heart requested that we pick out three issues out of that list for discussion at the brain storming "retreat." The purpose of the planning meeting is to decide projects for 2010. Jim Brooks will provide snacks for the meeting.

11. REPORT BY COUNCILOR MARC SAN SOUCIE

Marc San Soucie reported that there are discussions between the City of Beaverton and Providence Health and Services on building a full time residence care facility on acquired city land on Farmington Road. Problems with no parking at Beaverton Transit Center were discussed.

12. STATUS OF COMMITTEE

Michael Heart stated he would be willing to continue to be Chair. John Livingstone stated he would be willing to continue as Vice-Chairman. Judith Auslander will be Recording Secretary.

13. 2010 HEALTH AND WELLNESS FAIR WITH ELSIE STUHR CENTER

The committee moved and seconded to help sponsor the 2010 Health & Wellness Fair with Elsie Stuhr Center. The motion carried unanimously upon voice vote. Michael Heart will inform Ann Satterfield of the committee's decision.

14. THE NEXT MEETING IS TUESDAY, NOVEMBER 10, 2009, AT CITY HALL IN THE SECOND FLOOR CONFERENCE ROOM

15. ADJOURNMENT

The committee moved and seconded to adjourn the meeting at 4:00 pm. The motion carried unanimously upon voice vote.