



Beaverton Senior Citizen's Advisory Committee

CITY OF BEAVERTON
SENIOR CITIZENS ADVISORY COMMITTEE
TUESDAY, JANUARY 12, 2010

Call to Order:

The meeting was called to order at 2:20 pm by Michael Heart, Chair

Roll Call:

Member Present: Judith Auslander, Cathy Leong, Michael Heart, Robert Marchbank, Cheryl Gill-Shelton, Minnie Stoumbaugh, Helen Robinson, William Johnson, Joan Lampert, Gail Miller

Members absent: Kris Parish

Council Liaison: Cathy Stanton

Staff Liaison: Jim Brooks

Elsie Stuhr Representative: Ann Satterfield

Guest: Pavel Goberman – running for US Senate

Introductions of Cathy Stanton - new Council Liaison

Vision and Mission Statement read by Michael Heart

Introduction of New Members

Joan Lampert
Gail Miller
Kris Parish
Helen Robinson
Minnie Stoumbaugh

Introduction of Anne Satterfield of Elsie Stuhr

Passed around Activity Guides for Tualatin Hills Park and Recreation

Weight Room now covered by Silver n' Fit – weight room will be doubling in size – break ground in 2011.

Programs at Elsie Stuhr and Proposed Drug Removal Program – seniors have medications that are no longer valid or not being used. Pharmacies don't accept back and coffee grounds are where drug users look for drugs. Disposal sites incinerate them. Hoping by October to have Drug Recycling Site. Maybe have at Health Fair.

Approval of November 2009 Minutes – It was moved and seconded to approve the November 10, 2009 minutes as written.

Old Business

SCAC Forum – Update from Bill Johnson/Robert Marchbank

Speaker: Margaret Carter- passed out bio

Talk for 45 minutes about own experiences of aging.

Date: Saturday, April 17, 2010, 10 AM 10 to noon at the Library Conference Room.

Volunteers for Publicity or on Panel to ask questions: Let Michael know of interest.

Panel volunteers: Helen Robinson, Judith Auslander, Robert Marchbank

Suggested by Jim that she should have her presentation be on one topic. Also need theme that will attract people to come.

By Feb. 9th have outline of forum – who doing what and about talk. Committee members to think of Theme Title.

Results from November “Retreat” – Ideas for 2010 Projects

1. Reaching out to people in need of housing assistance
2. City Newsletter columns for seniors every month – Jim will find out when deadline to get article in.
3. Working on the image of being a senior as a positive
4. Monthly Luncheon at Elsie Stuhr to talk about needs and learn more
Tuesday and Thursday’s don’t work because too full. Ann will talk to Vicki Adams of Loaves and Fishes. Michael will meet with Ann to talk over details.
5. Respite for Caregivers – “Caring for Caregivers” – Let Michael know if interested in this committee
6. Informational Mailing Brochure for Beaverton and Aloha Seniors & families
7. Recording Elder Stories for a Beaverton Archive – Elsie Stuhr has a class page 136 in THPRD 2010 Winter Catalog
8. Speakers Bureau for citizen groups to find out what we do
9. Mentoring Seniors on how to find necessary services
10. Drug Disposal Program
11. Discount Program – We are to find out if senior discounts are available and report to Michael Hart.

New Business

2010 Committee Programs – Need Vice Chair – Let Michael know if interested in Vice Chair position
Maybe have Vice Chair become the Chair in the following year.

Guest Speakers – Elsie Stuhr (non-health program), March 9th Judith Auslander of the OHTF – will need PowerPoint

Exercise for low-income seniors – Ann – Advisory Committee to assist seniors who need money above the scholarship funds. Available for seniors 55+. Not many are applying scholarship funds.
Applied for funding for WOW – Wellness on Wheels.

Closing and Adjournment at 3:50 PM

Next Scheduled Meeting on Tuesday, February 9, 2010, 2:15 PM, at City Hall in the First Floor Conference Room