

Beaverton Senior Citizen's Advisory Committee

Tuesday, May 10, 2011, 2:30 p.m.
Beaverton City Hall
First Floor Conference Room

Call to Order

The meeting was called to order at 2:30 p.m.

Roll Call

Members Present: Judith Auslander, Cathy Leong, Helen Robinson, Gail Miller, Laura Isaacson, Liz Fischer, Aaron Poarch, Gloria Nussbaum, William (Bill) Johnson

Staff Liaison: Jim Brooks

Elsie Stuhr Representative and Committee Member: Laurel Reilly

Alternate: Robin Kadz, Dan Owens.

Members absent: Minnie Stoumbaugh (excused)

Council Liaison: Cathy Stanton

Approval of April 2011 Minutes: Minutes were approved as written.

Welcome from New Committee Chairperson: Gail Miller was voted in as the new committee chairperson through a vote taken by e-mail. Gail thanked the committee for supporting her and expressed her goals for the committee. She would like to confine our guest speakers to services available to lower income residents of Beaverton. She would like the committee to be a mouthpiece for these services and encouraged everyone to get involved.

Gail gave a special thanks to Bill Johnson for reporting the committee's activities to the city council.

Judith will present on SNAP at the next meeting.

Elsie Stuhr Health and Wellness Fair: Ann Satterfield spoke about the annual Elsie Stuhr Health and Wellness Fair and asked the committee to partner with Elsie Stuhr again this year to support this event. The event will be held October 1, 2011, and this year's theme is "Active Aging Week". Ann would like volunteers for Friday, September 30, to prepare for the event as well as volunteers the day of the event. Liz Fischer, committee member and Lions Club Member, will find out if the Lions Club van will be available for the event.

The event faces some challenges due to the remodel of the facilities. Parking and space will be limited. The committee also discussed ways to get a larger number of low income seniors to attend the fair. There is some hope that Tri-Met or Ride Share would help people commute to the fair from assisted living communities.

Marketing for the event is also a concern and a number of items were addressed. Ann requests names of possible non-profit vendors and for-profit vendors so that she can make contact by July

1. Hopefully, she can determine sponsors and get their information for flyers with plenty of time for our committee to assist in disseminating the information to the community.

BSCAC sponsored the food (fruit, coffee, punch and some cookies) for the event last year. Because our budget has been reduced, we will look for a sponsor or sponsors to help pay for the refreshments. Suggestions were to contact Wal-Mart, New Seasons and/or Albertsons.

Wellness on Wheels: Ann also talked about a new program she would like to see come to fruition here in Beaverton. She is looking into grants to set up a specialized van and go into the community promoting senior fitness. If you are interested in more information on this, please contact Ann at Elsie Stuhr.

Beaverton Farmers Market: Judith secured a booth for this committee at the Beaverton Farmers Market on June 18. Liz volunteered to e-mail a schedule for manning the table to all committee members. We will discuss specifics of the booth at the next meeting.

Picnics in the Park: Picnics will take place the following dates and times.

Event Date	Time	Location	NACs
Wed, July 13	6:00-7:30pm	Schiffler Park	Central Beaverton Highland West Beaverton
Fri, July 22	6:00-7:30pm	Carolwood Park	Neighbors SW South Beaverton Greenway Sexton Mountain
Wed, August 3	6:00-7:30pm	Camille Park	Denney Whitford/Raleigh West Vose West Slope
Fri, August 5	6:00-7:30pm	Autumn Ridge Park	Five Oaks/Triple Creek

Liz will also e-mail a sign-up schedule to committee members to man a table at each of these events.

Council Update: Cathy Stanton reported on upcoming events in Beaverton:

- 5/20 12:00 – 2.00 Health Fair, Forest Grove Senior Center
- 6/4 All Day Beaverton Recycling Day, Multiple locations
- 6/13 11:00 a.m. Police Memorial Day, Hillsboro Civic Center
- 6/14 12:30 – 3/30 Macy’s Community Fun Day for Charity, Washington Square
- 6/30 11:00 a.m. Memorial Day Event, Memorial Park

Community Outreach Sub-Committee: Liz Fischer and Laura Isaacson presented their plan to coordinate and oversee events where speakers would present on senior issues in a smaller group setting at senior centers or assisted living communities. They requested and received agreement from the BSCAC for a sub-committee to pursue this plan.

Judith also presented information she obtained at an Aging in America five day conference. Judith will send her notes to committee members by e-mail.

Meeting adjourned at 4:00 p.m.