



## **Beaverton Senior Citizen's Advisory Committee**

Tuesday, November 16, 2010, 2:30 p.m.  
Beaverton City Hall  
Library Conference Room

### **Call to Order**

The meeting was called to order at 2:30 PM by Michael Heart, Chair

### **Roll Call**

Member Present: Judith Auslander, Cathy Leong, Michael Heart, Helen Robinson, William Johnson, Joan Lampert, Gail Miller

Members absent: Minnie Stoumbaugh (excused), Robert Marchbank

Council Liaison: Cathy Stanton

Staff Liaison: Jim Brooks

Elsie Stuhr Liaison: Laurel Reilly

Guest: Beaverton Visioning Committee

### **Opening**

**Call to Order – Introductions** – What are your holiday plans?

### **Approval of the October Minutes**

It was moved and seconded to approve the 2010 minutes as written.

### **Old Business**

**Report to City Council** – Cathy explained that report can be done in December or January. Bill volunteered to give report. Moved and seconded that given in January.

**New Members:** Jim, Michael and Helen will do the interviewing. Current members who are applying do not need to interview. Need to appoint 3.

**Senior Housing and Care Center** – Being built over next 2 years – only ½ the money collected that is needed. Waiting for HUD 202 funds. Being built at First and Angel. Very low income seniors 62 and older. Independent living. Pet friendly. Will adapt to physical needs. 600 sq. foot apartments. Secure units. 79 units –

6 are 2 bedroom. 10 parking spaces. Just starting – not all clear. Providence will run the health and wellness clinic on the bottom floor. Will have gerontologists. This will be their 7<sup>th</sup> center.

**Councilor Cathy Stanton** – Liaison for the Visioning Committee. Would like us to attend and be active in the work being done. Urban renewal will follow the plan. Bill and Michael are on the steering committee.

Councilor Stanton would like to remain liaison with the BSCAC. Told us that she had been ill this year and it is why she missed so many meetings. It was agreed that we would like Cathy to remain our liaison.

**Upcoming events:**

Knitting circle for homeless school children on Sunday's at the Beaverton Baha'i Center on Murray from 10:30 to noon to knit scarves.

Nov. 14-20 is National Homelessness Awareness week.

Nov 17 – 7 PM Emergency Preparedness Workshop – Sexton Mountain NAC

Dec. 7<sup>th</sup> 8:30 AM - 3PM Homeless Children/youth and families. Meriwether National Golf Club, 5200 SW Rood Bridge Rd. Hillsboro

Dec. 8 10 AM – 3PM 1<sup>st</sup> Floor Conference Room City Hall. Gift Baskets and Jewelry to fund Gifts and Food for City staff's adopted families.

Friday, Dec 10 - 7 to 10 tree lighting in city park, activities at the library (food and choral).

Tues. Dec. 14 5:30 civic plan at library.

### **New Business**

**Retreat** – Planning our goals for 2011 and creating a vision of helping the Seniors of Beaverton.

### **Retreat**

#### The Five Basics of Senior Survival

- Food
- Shelter
- Medical/Insurance/Finance
- Transportation
- Social Network (Virtual and Reality)

No one can survive for long without food, shelter, medical care or the ability to move from one place to another. This is especially true of Senior Citizens who are also more dependent on some form of social network (family, friends, and /or acquaintances). What we did at our retreat last year is the same thing I hope we can do this year and that is to discuss ways in which we can address these issues in small ways or large, to determine how we might, as a committee, formulate programs and or resources for Seniors in Beaverton so that these Five Basics of Survival can become Five Basics of Living instead of just Survival.

In other words, how do we as a committee in 2011“...advocate for the physical, social and economic well-being of those in the Beaverton Community who identify themselves as Senior Citizens?” and how do we apply our Mission statement “...to provide information to help senior citizens make informed choices

regarding their needs; to identify facilities and services where those needs may be met; to provide feedback to elected officials as to how the City of Beaverton can help meet those needs; and by acting as an information source for the citizenry of our community to help them understand those needs?"

I hope we can at least get a start on a plan for 2011 so that when we return in January we have determined courses of action to take which will carry us through the year.

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Senior Fair – with Elsie Stuhr in October.

Forum – March 12<sup>th</sup> at the library – Councilor Stanton gave some ideas regarding speaker.

Michael talked about us being a lead partner of the Beaverton Community Vision community from the *Action Ideas for Your Consideration*.

Mentioned that a new way of saying, “volunteer” might encourage volunteerism. “Leave Your Legacy” – Non-paying job opportunities.

Councilor Stanton and Jim Brooks talked about being the lead on a part. We would have to keep on top of it. Taking the lead is a lot of work and responsibility.

What one thing would you like to accomplish in 2011?

Forum

Senior Fair – get started earlier and include Holly Tree residents

Beaverton Parade

Safer walking paths

Facebook

Volunteering in a new way

Survey that assesses what seniors really need.

Michael will email list out to see if we get any other ideas. Also, to keep us posted on new elected community members.

January Elections – Chair, Vice Chair, and Secretary – Let Michael know if interested in position.

Michael shared his pride in the work we have accomplished this year.

Suggested that Michael bring a card to the January meeting that we can all sign thanking Bob for his work on the committee.

### **Closing and Adjournment**

Next Scheduled Meeting on Tuesday, January 11, 2011, 2:30 PM, at City Hall in the First Floor Conference Room